

ABBOTSFORD PUBLIC SCHOOL NUTRITION MENU BREAKFAST OCTOBER 2020



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cereal Yogurt Juice/Fresh Fruit	2 w/Mini Donut Juice/Fresh Fruit
5	6	7	8	9
Cereal Nutri grain Bar Juice/Fresh Fruit	Early Riser Juice/Fresh Fruit	Q-Bread Juice/Fresh Fruit	No School	No School
12	13	14	15	16
Cereal	Breakfast Bites	Ww/Poptart	Cereal	w/Cake Donut
Mini Rounds	Juice/Fresh Fruit	Juice/Fresh Fruit	Frudels	Cheese Stix
Juice/Fresh Fruit			Juice/Fresh Fruit	Juice/Fresh Fruit
19	20	21	22	23
Cereal	Pancake/Syrup	Cereal	Breakfast Pizza	w/Long john
Crescent	Juice / Fresh Fruit	Donut Holes	Juice/Fresh Fruit	Cheese Stix
Juice/Fresh Fruit		Juice/Fresh Fruit		Juice/Fresh Fruit
26	27	28	29	30
Cereal	Breakfast Jammer	Cereal	Taco Roll	W/Cinnamon Roll
Muffin	Juice/Fresh Fruit	w/Oatmeal Bites	Juice/Fresh Fruit	Yogurt
Juice/Fresh Fruit		Juice/Fresh Fruit		Juice/Fresh Fruit
			Milk served daily	Menu is subject to
			1%	change without
				notice
			Skim	
			Skim Chocolate	

All breakfast is FREE to all student's in the Abbotsford School District.

Parents and Guardians please fill out the free and reduced application at any time during the year.

This institution is an equal opportunity provider