




# ABBOTSFORD PUBLIC SCHOOL NUTRITION MENU BREAKFAST SEPTEMBER 2020



| Monday   | Tuesday   | Wednesday  | Thursday                                       | Friday  |
|--|---|--|--|---|
|  | 1<br>Cereal<br>Nutri grain Bar<br>Juice/Fresh Fruit | 2<br>Q-Bread<br>Juice/Fresh Fruit                    | 3<br>Taco Roll<br>Juice/Fresh Fruit            | 4<br>w/Mini Donut<br>Juice/Fresh Fruit  |
| 7<br>No School<br>Labor Day                      | 8<br>Early Riser<br>Juice/Fresh Fruit               | 9<br>Ww/Poptart<br>Juice/Fresh Fruit                 | 10<br>Cereal<br>Yogurt<br>Juice/Fresh Fruit    | 11<br>w/Cake Donut<br>Cheese Stix<br>Juice/Fresh Fruit  |
| 14<br>Cereal<br>Mini Rounds<br>Juice/Fresh Fruit | 15<br>Breakfast Bites<br>Juice/Fresh Fruit          | 16<br>Cereal<br>Donut Holes<br>Juice/Fresh Fruit     | 17<br>Cereal<br>Frudels<br>Juice/Fresh Fruit   | 18<br>w/Long john<br>Cheese Stix<br>Juice/Fresh Fruit   |
| 21<br>Cereal<br>Crescent<br>Juice/Fresh Fruit    | 22<br>Pancake/Syrup<br>Juice / Fresh Fruit          | 23<br>w/Bagel-fuls<br>Juice/Fresh Fruit              | 24<br>Breakfast Pizza<br>Juice/Fresh Fruit     | 25<br>W/Cinnamon Roll<br>Yogurt<br>Juice/Fresh Fruit  |
| 28<br>Cereal<br>Muffin<br>Juice/Fresh Fruit      | 29<br>Breakfast Jammer<br>Juice/Fresh Fruit         | 30<br>Cereal<br>w/Oatmeal Bites<br>Juice/Fresh Fruit | Menu is subject to<br>change without<br>notice | Milk served daily<br> 1%<br>Skim<br>Skim Chocolate |

All breakfast is FREE to all student's in the Abbotsford School District.

Parents and Guardians please fill out the free and reduced application at any time during the year.

This institution is an equal opportunity provider