

CIRP RESOURCE

WEB BASED RESOURCES: GRIEF/SUICIDE RECOVERY

[Suicide Prevention Resource Center](#)

www.sprc.org

After a Suicide: A Toolkit for Schools

<http://www.sprc.org/sites/sprc.org/files/library/AfteraSuicideToolkitforSchools.pdf>

http://www.sprc.org/library_resources/items/after-suicide-toolkit-schools

Suicide Prevention Basics

<http://www.sprc.org/basics/roles-suicide-prevention>

Role of Teacher in Preventing Suicide: In depth; suitable for staff development

<http://www.sprc.org/sites/sprc.org/files/Teachers.pdf>

At-a-Glance: Safe Reporting on Suicide for Reporters and Editors

www.sprc.org/sites/sprc.org/files/library/at_a_glance.pdf

[National Suicide Prevention Lifeline](#)

www.suicidepreventionlifeline.org

Suicide lifeline calling information: Get Help

<http://www.suicidepreventionlifeline.org/GetHelp/Default.aspx>

Contains information on the connection between suicide and bullying

<http://www.suicidepreventionlifeline.org/>

Warning signs and wallet card: What to do if you think a person is having suicidal thoughts

<http://www.suicidepreventionlifeline.org/GetHelp/SuicideWarningSigns.aspx>

[American Association of Suicidology](#)

www.suicidology.org

Suicide Warning Signs: IS PATH WARM acronym

<http://www.suicidology.org/web/guest/stats-and-tools/suicide-warning-signs>

http://www.suicidology.org/c/document_library/get_file?folderId=232&name=DLFE-31.pdf

http://www.suicidepreventionlifeline.org/App_Files/Media/PDF/NSPL_WalletCard_AssessingRisk_GREEN.pdf (wallet card)

Survivors of Suicide Fact Sheet

http://www.suicidology.org/c/document_library/get_file?folderId=257&name=DLFE-457.pdf

Beyond Surviving: Suggestions for Survivors

http://www.suicidology.org/c/document_library/get_file?folderId=257&name=DLFE-454.pdf

Helping Survivors of Suicide: What Can You Do?

http://www.suicidology.org/c/document_library/get_file?folderId=257&name=DLFE-456.pdf

[Cornell Cares](#)

“When Someone You Love Dies” article:

http://www.cornellcares.org/pdf/handouts/gal_lovedonedies.pdf

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Road to Healing

<http://www.road2healing.com>

Helping Children through a Suicide Death

<http://www.road2healing.com/Web%20PDF/HelpingChildren-Suicide.pdf>

A Child's Understanding of Death

<http://www.road2healing.com/Web%20PDF/A%20Childs%20Understanding%20of%20Death.pdf>

Supporting Children After Suicide

http://www.road2healing.com/Web%20PDF/Supporting_Children_After_Suicide_Booklet.pdf

Activities to Encourage Healing

<http://www.road2healing.com/Web%20PDF/Healing%20Activities.pdf>

Suicide: What Do I Tell the Children?

<http://www.road2healing.com/Web%20PDF/telling%20the%20kids.pdf>

Suggestions to Aid Sleep

<http://www.road2healing.com/Web%20PDF/Suggestions%20to%20Aid%20Sleep.pdf>

Parent Guidelines for Crisis Response

<http://www.road2healing.com/Web%20PDF/parentguidelines.pdf>

National Association of School Psychologists

<http://www.nasponline.org>

School Safety and Crisis Resources

http://www.nasponline.org/resources/crisis_safety/index.aspx?utm_source=crisis&utm_medium=button

Death and Grief: Supporting Children and Youth:

http://www.nasponline.org/resources/crisis_safety/deathgrief.pdf

Save a Friend: Tips for Teens to Prevent Suicide:

http://www.nasponline.org/resources/crisis_safety/savefriend_general.aspx

Preventing Youth Suicide: Tips for Parents and Educators:

http://www.nasponline.org/resources/crisis_safety/suicideprevention.aspx

Memorials/Activities/Rituals Following Traumatic Events:

http://www.nasponline.org/resources/crisis_safety/memorials_general.aspx

Helping Children Cope with Crisis: Care for Caregivers:

http://www.nasponline.org/resources/crisis_safety/CaregiverTips.pdf

Managing Strong Emotional Reactions to Traumatic Events: Tips for Parents and Educators:

http://www.nasponline.org/resources/crisis_safety/Managing_Strong_Emotional_Reactions_2012.pdf

After a Suicide: Answering Questions from Students:

<http://www.nasponline.org/resources/principals/aftersuicide.aspx>

Helping Children Cope with Loss, Death, and Grief: Tips for Teachers and Parents

http://www.nasponline.org/resources/crisis_safety/griefwar.pdf

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[American Foundation for Suicide Prevention \(AFSP\)](#)

<http://www.afsp.org/>

After Suicide -A Toolkit for Schools

http://www.afsp.org/index.cfm?page_id=7749A976-E193-E246-7DD0A086583342A1

Coping with Suicide Loss

http://www.afsp.org/index.cfm?page_id=FED822A2-D88D-4DBD-6E1B55D56C229A75

Coping with Suicide Loss – Helping Children

http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=FEDF6A4B-FA4D-F373-4F864EDAF1F49DC4

Coping With suicide Loss – For Friends and Family

http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=FEE1B2D4-0FAA-523A-82B921040143C2EFCoping

Coping With Suicide Loss – Why Did This Happen?

http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=FEDE7849-B65F-3FEB-A67A14E0160B63CF

Facts and Figures

http://www.afsp.org/index.cfm?page_id=04EA1254-BD31-1FA3-C549D77E6CA6AA37

Risk Factors

http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=05147440-E24E-E376-BDF4BF8BA6444E76

Warning signs

http://www.afsp.org/index.cfm?page_id=0519EC1A-D73A-8D90-7D2E9E2456182D66

What to Do When You Fear Someone May Take Their Life

http://www.afsp.org/index.cfm?page_id=F2F25092-7E90-9BD4-C4658F1D2B5D19A0

Surviving a Suicide Loss – A Financial Guide

<http://www.afsp.org/financialguide/>

[Hopes: Helping Others Prevent & Educate about Suicide](#)

<http://www.hopes-wi.org/>

Has information on Suicide Survivor groups in Wisconsin. Lists state resources.

When Families Grieve for military parent's death.

<http://www.sesameworkshop.org/what-we-do/our-work/dealing-with-grief-30-detail.html>

Explaining Suicide to Children

http://www.hopes-wi.org/SurvivorsGuide/explaining_to_children.htm

Grief and Mourning Process

http://www.hopes-wi.org/SurvivorsGuide/mourning_process.htm

Beyond Surviving

http://www.hopes-wi.org/SurvivorsGuide/beyond_surviving.htm

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Suicide Awareness Voices of Education (SAVE)

<http://www.save.org>

Suicide Facts

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=705D5DF4-055B-F1EC-3F66462866FCB4E6

Warning Signs of Suicide – Symptoms and Danger Signs

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=705F4071-99A7-F3F5-E2A64A5A8BEAADD8

Common Misconceptions

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=705EC833-E77D-2519-FA362EDFA62268C7

Someone You Know is Suicidal – What To Do

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=705E1907-C4DD-5D32-2C7087CE5924CCA4

Suicidal Thoughts – What To Do

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=705F9F6A-F141-B5EB-C8A6B86CA0B2001E

When the Worst Has Happened – Suicide Survivors

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=EB8B21F9-7E90-9BD4-CF517BFBD788E71F

What to Tell the Children

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=EB8CDAFC-7E90-9BD4-CDB77DB42FD5C2CE

Grief After Suicide

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=EB8EE3F1-7E90-9BD4-CE08CCD6E3FFD933

People Grieve Differently

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=EB91B16C-7E90-9BD4-C33DBD8E013C1857

Responding to Survivors

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=EBC5A89F-7E90-9BD4-C5059BDFB05E9FDD

Grief Resources

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=9689F9DB-C536-51E8-963346F20B794DA8

Society for the Prevention of Teen Suicide

<http://www.sptsusa.org/>

Not My Kid: What Every Parent Should Know About About Teen Suicide Video

When a Child's Friend Dies by Suicide:

<http://www.sptsusa.org/parents/friend-of-child.html>

When a Friend Dies: Guidelines for Students:

<http://www.sptsusa.org/pdfs/friend-death-guidelines.pdf>

Resource Library:

<http://suicidegrief.save.org/ResourceLibrary>

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[Yellow Ribbon](http://www.yellowribbon.org/)

<http://www.yellowribbon.org/>

[Kids Health](http://kidshealth.org)

<http://kidshealth.org>

For Teens:

My Friend is Talking about Suicide

http://kidshealth.org/teen/your_mind/friends/talking_about_suicide.html

Death and Grief

http://kidshealth.org/teen/your_mind/emotions/someone_died.html

For Kids:

When someone Dies

<http://kidshealth.org/kid/feeling/emotion/somedie.html>

Somebody in My Friend's Family Died; What Should I Do?

http://kidshealth.org/kid/talk/qa/family_friend_died.html?tracking=K_RelatedArticle

Talking About Your Feelings

http://kidshealth.org/kid/feeling/thought/talk_feelings.html?tracking=K_RelatedArticle

For Parents:

About Teen Suicide

<http://kidshealth.org/parent/emotions/behavior/suicide.html#cat146>

Helping Your Child Deal With Death

<http://kidshealth.org/parent/positive/talk/death.html#cat145>

Tips for Explaining Death to Children

http://www.lianalowenstein.com/talking_to_children_about_death.pdf

[Mental Health America – of Wisconsin](http://www.mhawisconsin.org)

www.mhawisconsin.org

Fact sheets are linked on the site.

<http://www.mhawisconsin.org/lossandgrief.aspx>

Depression

<http://www.nmha.org/go/depression>

[Mental Health America](http://www.nmha.org)

<http://www.nmha.org>

Information on a wide range of mental health issues, including depression.

No suicide attempt should be dismissed or taken lightly! article:

www.nmha.org/go/suicide

[National Center for Crisis Response](http://www.schoolcrisisresponse.com)

Teacher Guidelines for Crisis Response

<http://www.schoolcrisisresponse.com/teacherguidelines.pdf>

Practical Suggestions for Assisting Children in the Aftermath of a Tragedy

<http://www.schoolcrisisresponse.com/practicalsuggestions.pdf>

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Crisis Management Institute

<http://www.cmionline.org>

Suicide Warning Signs and Myths:

http://www.cmionline.org/shop/images/suicide_parent_handout.pdf

Life Tributes:

<http://www.cmionline.org/shop/images/crmsect.g.5.2010.cjl.pdf>

Hospice

<http://www.hospicenet.org/>

Talking to Children About Death

<http://www.hospicenet.org/html/talking-pr.html>

What Do You Tell Children

<http://www.hospicenet.org/html/what-tell-pr.html>

Children and Grief

<http://www.hospicenet.org/html/children-pr.html>

Children's Understanding of Death

<http://www.hospicenet.org/html/understand-pr.html>

When a Parent Dies

<http://www.hospicenet.org/html/parent-pr.html>

Helping Teenagers Cope with Grief

<http://www.hospicenet.org/html/teenager-pr.html>

Camp Hope in Wisconsin

<http://www.camphopeforkids.org/index.htm>

Well Aware Webinars

Suicide prevention webinars; prevention for youth of all ages.

<http://www.wellaware.org/webinars.php>

Help Guide

"Coping With Grief and Loss" article: covers all aspects of grieving process:

http://helpguide.org/mental/grief_loss.htm

NEA Health Information Network

<http://crisisguide.neahin.org/crisisguide/>

Concept of Death at Various Ages

http://crisisguide.neahin.org/crisisguide/tools/p4_3.html

Classroom Activities

http://crisisguide.neahin.org/crisisguide/tools/p4_4.html

How Teachers Can Help

http://crisisguide.neahin.org/crisisguide/tools/p3_1.html

How Parents and Other Caring Adults Can Help

http://crisisguide.neahin.org/crisisguide/tools/p3_2.html

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Youthwork Links and Ideas

<http://www.youthwork.com/healthment.html>

National Center for School Crisis and Bereavement

<http://www.cincinnatichildrens.org/service/n/school-crisis/resources/school-resources/>

Teacher Training Module: Helping the Grieving Student

<http://www.cincinnatichildrens.org/service/n/school-crisis/resources/school-resources/>

Sample Parent Letters and Staff Announcements

<http://www.cincinnatichildrens.org/service/n/school-crisis/resources/letters/>

Resources for Teachers and Families

<http://www.scholastic.com/childrenandgrief/>

Educator Webcast: Students and Grief-How to Deal with Loss in School

<http://www.scholastic.com/livewebcasts/nylife/index.htm>

<http://www.newyorklife.com/achildingrief>

Reference materials related to media relations during critical incidents include the following:

- Suicide Prevention Resource Center (website)
At-a-Glance: Safe Reporting on Suicide for Reporters and Editors
www.sprc.org/sites/sprc.org/files/library/at_a_glance.pdf
- American Foundation for Suicide Prevention (website)
Reporting on Suicide: Recommendations for the Media
http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=0523D365-A314-431E-A925C03E13E762B1
- National Association of School Psychologists (website)
Responsible Media Coverage of Crisis Events Impacting Children
http://www.nasponline.org/resources/crisis_safety/Media%20Guidelines.pdf
- *How to Handle the Media During a Crisis*
http://www.nasponline.org/resources/crisis_safety/neat_media.aspx
- *Recommendations for Reporting on Suicide*
<http://reportingonsuicide.org/>